# Breast Cancer and Treatment Options in Patients with BRCA1/2 mutations



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On behalf of
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## **Carrier Frequency**

Prevalence of an altered disease gene in a given population



## Background

- Over 90% of hereditary breast & ovarian cancer are result of a mutation in BRCA1/2
- Prevalence of a BRCA1/2 mutation is population dependent – 1/300-1/800
- BRCA1/2 mutation more prevalent amongst younger women with breast cancer, TNBC, FHx of BC or OvC and in certain ethnic groups (Ashkenazi Jewish)
- Accounts for ~5-10% of all breast cancer

## The prevalence of BRCA1/BRCA2 mutations: Contribution to cancer in non-selected populations

- Breast cancer ~ 2.5%-5%
- Ovarian cancer ~ 10-15%
- Pancreatic cancer ?
- Prostate cancer ?

The prevalence of BRCA1/BRCA2 mutations: Contribution to cancer – in an ethnic group (Ashkenazi Jews).

- Breast cancer ~11% of cases are carriers
- Ovarian cancer ~40% of cases are carriers
- Pancreatic cancer ~8% of cases are carriers
- Prostate cancer ~ 5% of cases are carriers

### BRCA 1\2 incidence by age at BC diagnosis

Age at BC diagnosis	N	carriers	%
dx 20-29	11	3	27%
dx 30-39	74	18	24%
dx 40-49	245	29	11.8%
dx 50-59	345	33	9.5%
dx >60	368	27	7.3%

Ashkenazi Jewish cohort

## Cancer susceptibility genes other than BRCA1/2

Table 1. Cancer Susceptibility Genes Other Than BRCA1/2

Cancer Susceptibility Gene	Breast Cancer RR (90% CI when available) or Inclusion Criteria	
Breast	5.0	
ATM	2.8 (2.2 to 3.7) <sup>35</sup>	
BARD1	Breast cancer association reported; RR not yet determined 17,46,47	
BRIP1	2.0 (1.3 to 3.0) <sup>48</sup> ; ovarian cancer RR 11.2 <sup>9</sup>	
CDH1	6.6 (2.2 to 19.9) <sup>49</sup>	
CHEK2	3.0 (2.6 to 3.5)35; most data for 1100delC	
NBN	2.7 (1.9 to 3.7) <sup>35</sup>	
PALB2	5.3 (3.0 to 9.4) <sup>35</sup>	
PTEN	RR 2.0-5.0 <sup>50,51</sup>	
STK11	RR 2.0-4.0 <sup>52,53</sup>	
TP53	105 (62 to 165) <sup>35</sup>	

Tung et al JCO 2016

Distinct features in BRCA1/2 associated breast cancer

#### What distinguishes BRCA1/2 associated breast cancer?

- Younger age at diagnosis
- Imaging better visualized on MRI
- Amongst women being screened
   often interval cancers
- Distinct histo-pathological features
- Bilaterality

#### BRCA-Related Breast Cancer – distinct features

### • Other features:

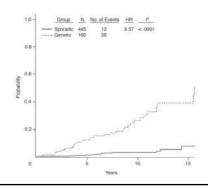
High grade	Lymphocytic infiltrate
Mostly invasive ductal carcinoma	TP53 mutations
Medullary carcinoma	Basal phenotype
Pushing margins	EGFR expression
DCIS less common	C-myc amplified

### Bilaterality

## **Prognosis in BRCA1/2+ Breast Cancer**

#### Is Prognosis different in BRCA1/2 Breast Cancer?

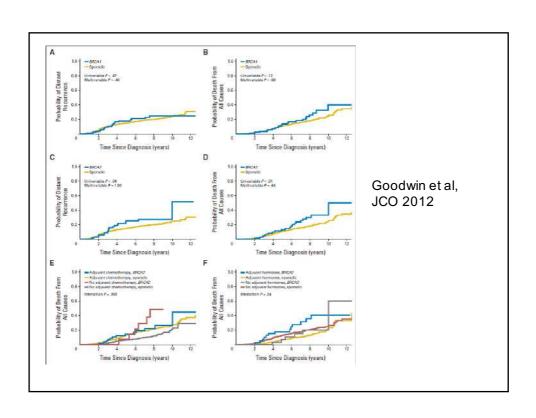
- · Local disease
- Greater incidence of ipsilateral disease
- Greater incidence of contra-lateral breast cancer 10yr rate of 26% vs 3% in non-carriers (Pierce et al JCO 2006)



Pierce et al, JCO, 2006

#### Is Prognosis different in BRCA1/2 Breast Cancer?

- Systemic relapse
- Most studies report no difference in OS or breast cancer specific survival compared to non-carriers, especially if standard systemic therapy received
- Rennert et al, NEJM, 2007
- Goodwin et al, JCO 2012
- Huzarski et el, JCO, 2013



## IMPACT OF A BRCA1/2 MUTATION ON TREATMENT DECISIONS

#### Impact of a BRCA1/2 mutation on treatment decisions

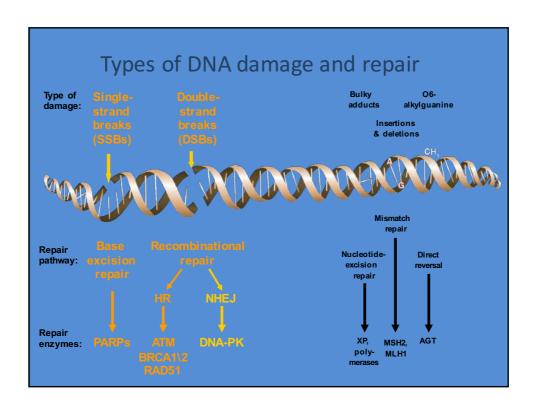
- Local management
- Lumpectomy vs mastectomy
- Bilateral mastectomy?
- · Systemic therapy
- No EBM to change adjuvant chemotherapy
- Evidence to support use of DNA cross-linking agents & alkylating agents:
- Platinum agents, Mitomycin
- CMF (Cyclophosphamide/MTX/5FU)
- PARP inhibitors
- Reproductive considerations
- Ongoing follow-up

#### LOCAL THERAPY CONSIDERATIONS

## **BCS vs Mastectomy**

- BCS is a legitimate and safe choice
- Therapeutic radiation is safe:
- Reduces local ipsilateral recurrence
- Does not increase contra-lateral disease
- Contralateral mastectomy some studies suggest that there may be a long term survival benefit
- Decision must be tailored to individual's needs

## WHY DOES PRESENCE OF A BRCA1/2 MUTATION HAVE AN IMPACT ON SYSTEMIC THERAPY?



SYSTEMIC THERAPIES IN BRCA1/2-
<b>BREAST CANCER</b>

Chemotherapy

#### Chemotherapy in BRCA1/2+ Breast Cancer

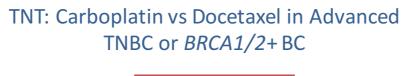
- Pre-clinical studies suggest increased sensitivity to agents that damage DNA in a way that interferes with DNA replication forks & which subsequently require DNA repair by HR:
- DNA cross-linking agents (carboplatin, cisplatin, mitomycin)
- Most NAST studies → increased response to platinum agents

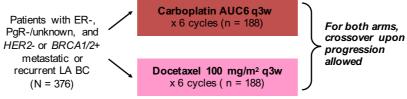
## **BRCA** analysis of GepartSixto

291 specimens for this analysis
50 with BRCA1 and 43 with BRCA2 mutations

	pCR rate With Carboplatin	pCR rate Without Carbo platin
mBRCA	65.4%	66.7%
Non-BRCA	55%	36.4%

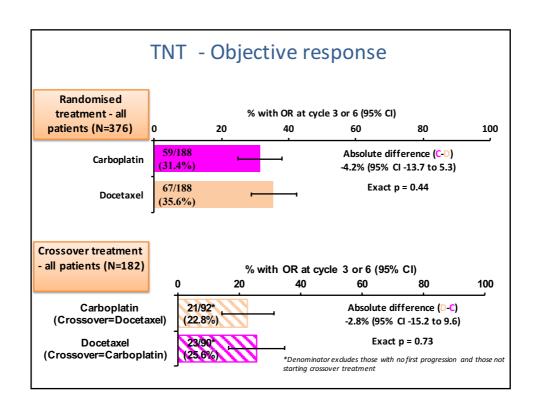
Hahnen et al, JAMA Oncology, 2017

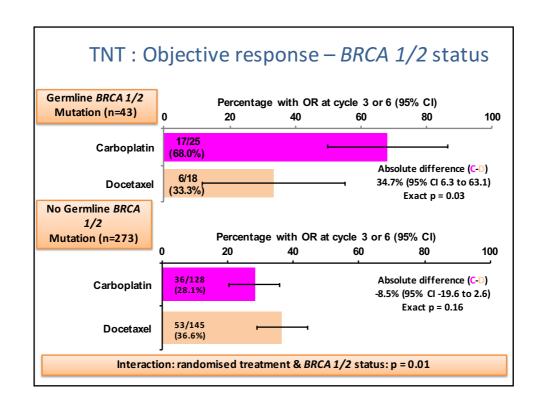


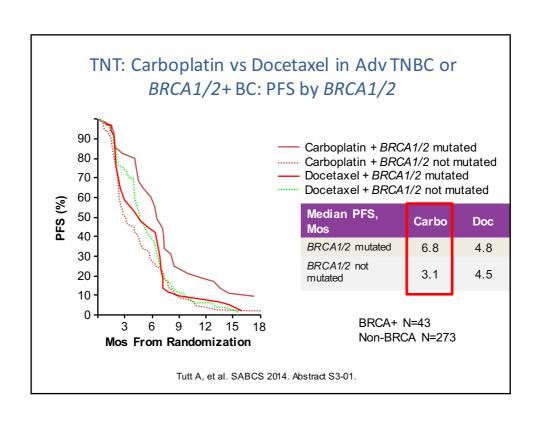


- Primary endpoint: ORR in ITT population
- · Secondary endpoints: PFS, OS, ORR (crossover), toxicity
- Subgroup analyses: BRCA1/2 mutation, basal-like subgroups, HRD biomarkers

Tutt A, et al. SABCS 2014. Abstract S3-01.



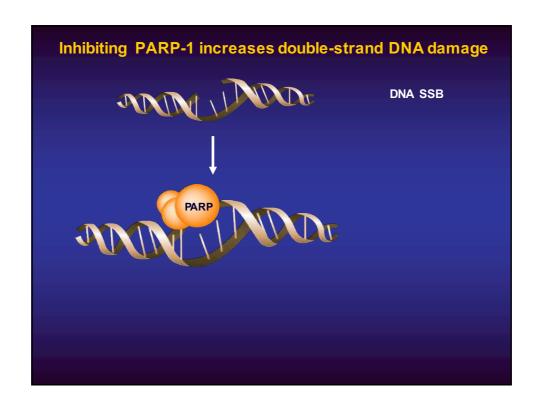


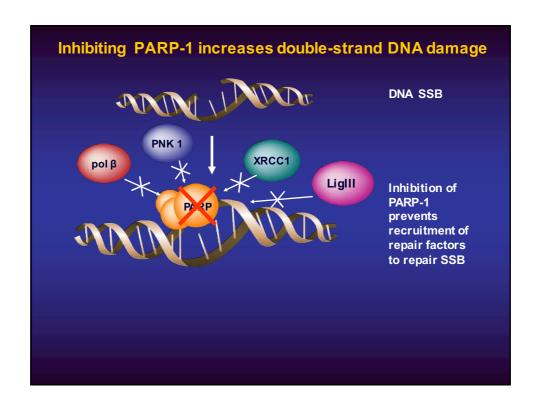


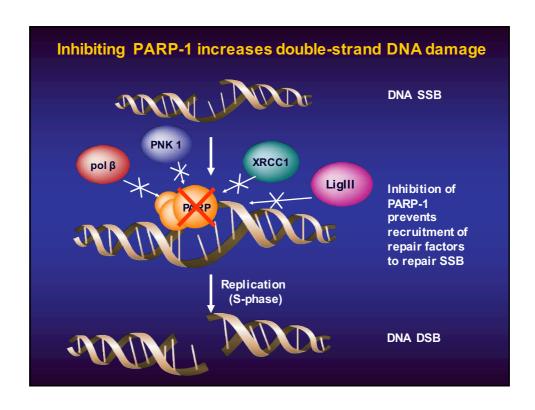
## **Conclusions from TNT**

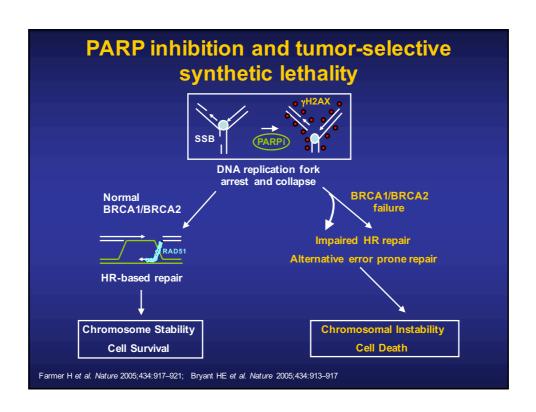
- BRCA+ triple-negative patients experienced a higher RR and greater PFS with carboplatin compared with docetaxel
- BRCA+ patients had high HRD-scores

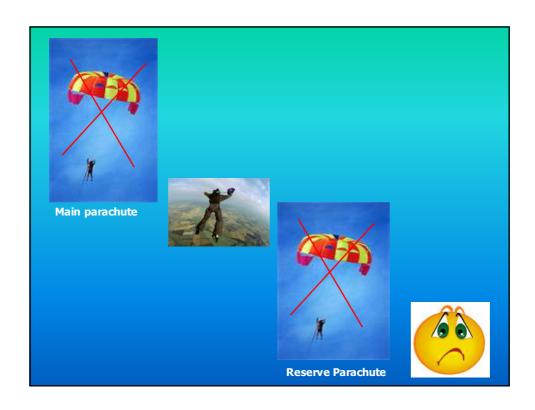
### **PARP Inhibitors**

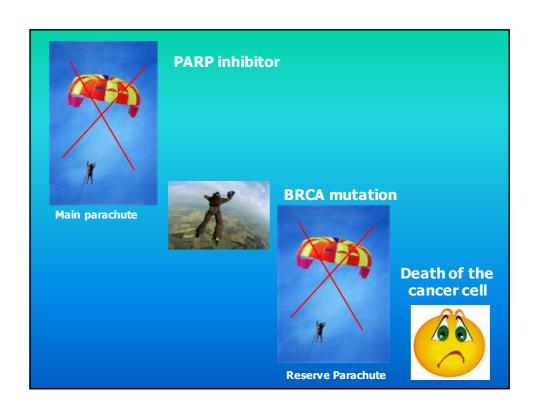




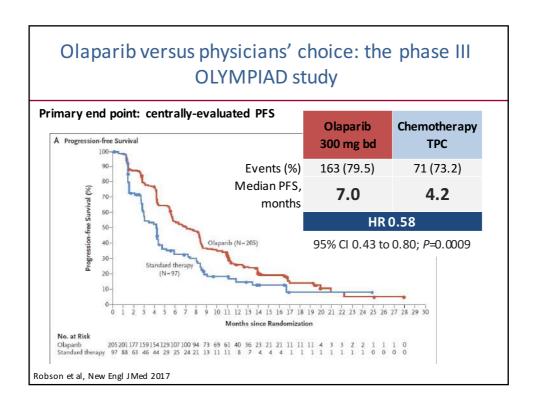








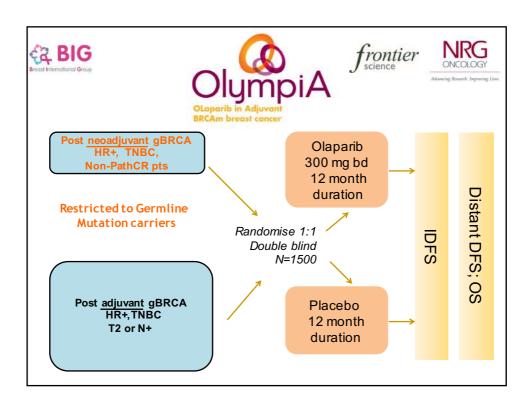
#### Olaparib versus physicians' choice: the phase III **OLYMPIAD** study · HER2-negative metastatic breast - ER and/or PR positive (HR+) or **Olaparib** Primary endpoint - TNBC Progression-free 300 mg · Deleterious or suspected survival (RECIST 1.1, progression tablets bd deleterious gBRCAm BICR) • ≤2 prior chemotherapy lines in Secondary endpoints metastatic setting 2:1 · Overall survival • Prior anthracycline and taxane randomization · Time to second • HR+ disease progressed on progression or death $\geq 1$ endocrine therapy, or not **Chemotherapy** Objective response rate suitable treatment of Global HRQoL physician's choice • If prior platinum use (EORTC-QLQ-C30) (TPC) Safety and tolerability - No evidence of progression Capecitabine adjuvant treatment • Eribulin - ≥12 months since Vinorelbine (neo)adjuvant treatment Robson et al, New Engl J Med 2017



## OLYMPIAD : Summary of adverse events, all causality

n (%)	Olaparib 300 mg bd (N=205)	Chemotherapy TPC (N=91)
Grade 1–2	124 (60.5)	42 (46.2)
Grade ≥3	75 (36.6)	46 (50.5)
Death	1 (0.5)	1 (1.1)
Drug discontinuations	10 (4.9)	7 (7.7)
Dose reductions	52 (25.4)	28 (30.8)
Dose interruptions/delay	72 (35.1)	25 (27.5)

Robson et al, New Engl J Med 2017



### **REPRODUCTIVE ISSUES**

## Reproductive issues

- Timing of RRSO (risk reducing oophorectomy)
- For BRCA1 between 35-40
- For BRCA2 by 40 (45?)
- Fertility preservation
- PGD pre-implantation genetic diagnosis
- Premature menopause impact on sexual health, bone health, quality of life

## Reproductive considerations in carriers

#### Reproductive considerations in BRCA mutation carriers

BRCA1/2 carriers can be reassured that there is no convincing evidence that mutation carriers have reduced ovarian reserve or fertility

All women harbouring a BRCA1/2 mutation should be encouraged to complete child-bearing prior to planned RRSO

For women who wish to undergo RRSO and have not yet completed child-bearing fertility preservation options should be discussed

BRCA1/2 mutation carriers (male and female) planning to conceive should be made aware of the options of pre-natal diagnosis (via chorio-villous or amniotic fluid sampling in week 11-20 of gestation) and PGD

Women harbouring a BRCA1/2 mutation who have been diagnosed with a malignancy should be counselled about options for fertility preservation prior to the commencement of oncology treatment

Appropriate counselling should be available and vaginal moisturisers and lubricants should be prescribed to all women following RRS Short term use of HRT to alleviate menopausal symptoms following RRSO is safe amongst healthy BRCAI/2 mutation carriers

No safety data are available about the use of HRT amongst BRCA1/2 carriers with a previous diagnosis of breast cancer. The relationship between hormonal influences and the development of different breast cancer subtypes, including triple negative breast cancers, has not been fully elucidated thus HRT in the setting of a past breast cancer diagnosis should be strongly discouraged – irrespective of endocrine status of the initial tumour

Topical oestrogens to alleviate vaginal dryness may be used with caution

As a result of premature menopause, bone health needs to be routinely monitored, preventive measures taken and any reduction in bone density treated as clinically indicated

Paluch-Shimon S, et al, Annals of Oncology, 2016

## Multigene testing Why do this?

- More cost effective (for the testing) to do multigene rather than serial testing
- · Patients (and providers!) can get testing fatigue
- The same cancer can be seen with different genes mutations
  - Ovarian cancer in both BRCA1/2 and Lynch
  - Uterine cancer in Lynch and Cowden
  - Breast in Li-Fraumeni and BRCA1/2
- · Isn't more better?

#### Management of Mutation Carriers Consider...

- · Psychosocial support to assist with:
  - Adjusting to new information
    - most adjust within 3-6 months
    - subset remain psychologically distressed (16-25% anxiety and/or depression)
  - Making decisions regarding management

"to inflict surgery is a hard decision to make... when I don't have the disease and feel healthy"

- Addressing family issues, self concept, body image
- Dealing with future concerns i.e. child bearing, surgical menopause after oophorectomy
- Referral to support groups

#### In conclusion – in BRCA+ BC

- Germline testing has therapeutic implications in the setting of ABC
- Platinum agents have been demonstrated to be superior in triple negative BRCA+ MBC
- PARPi Phase III data that superior to TPC
- Future studies PARPi in the adjuvant setting immunotherapy, drug combinations to overcome PARPi resistance

## In conclusion – in BRCA+ BC (cont.)

• All BRCA+ patients should be offered participation in clinical trials!!!



## Genetic testing in BC patients – when is the right time?



The question is not <u>if</u> to test, but <u>when</u> to test

## Thank you

